



Show your true colors
And choose how you start to lose

Losing weight is hard. That’s why **Syracuse University** has partnered with Weight Watchers® to help change your relationship with food, for good. With our proven weight-loss approach and powerful group support, feel great about your choices from veggies to pizza —and everything in-between.

With Weight Watchers, it’s about options. Let’s get started with an offer that works for you:

Weight Watchers Meetings*		Weight Watchers OnlinePlus**	
Enjoy convenient meetings in your workplace and unlimited meetings in your local community		Easily follow the plan step-by-step entirely online with digital and mobile tools [†] , including:	
<ul style="list-style-type: none"> • Our BEST value • Get FREE access to OnlinePlus, our full suite of digital tools to help you stay on track between meetings 		<ul style="list-style-type: none"> • Weight tracker, progress charts, restaurant guides and much more • Available for men and women with tailored content that speaks directly to each audience 	
Monthly Pricing	\$36.50	Monthly Pricing	\$16.10
Subsidy	50%	Subsidy	50%
Your Monthly Cost	\$18.25	Your Monthly Cost	\$8.05

To purchase either of these Weight Watchers offerings, or for more information, visit <https://wellness.weightwatchers.com>

Employer ID: 11186424

Employer Passcode: WW11186424

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

* Monthly payment is required in advance. The subscriber will automatically be charged each month in accordance with company pricing until they cancel. Sold in participating areas only; may not be accepted for local and/or At Work meetings in all areas. Minimum enrollment and participation required to start and maintain an At Work meeting. To start an At Work meeting you will only need 15 members. You will be contacted directly from Syracuse University via your Syracuse University email address once 15 members have registered and the At Work meeting can begin.

**OnlinePlus subscription will be automatically renewed each month and you will be charged in accordance with your company’s pricing until you cancel.

† Digital tools and apps available only with OnlinePlus or eTools subscription. Apps available for iOS and Android devices.

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